



PHYSICAL THERAPY
ORTHOPEDICS • SPORTS

www.barrenridgept.com

FISHERSVILLE

32 Windward Drive, Suite 110

Fishersville, VA 22939

Office: 540-949-5383 • Fax: 540-949-5493

STUARTS DRAFT

3278 Stuarts Draft Hwy, #4

Waynesboro, VA 22980

Office: 540-627-5030 • Fax: 540-627-5033

Patient Name: _____ Date: _____

Diagnosis: _____

Precautions: _____

Frequency: _____ times per week for _____ weeks.

EVALUATE & TREAT

- Manual Therapy**
 - Soft Tissue Mobilization
 - Joint Mobilization
 - Myofascial Mobilization
- Therapeutic Exercise**
 - Passive ROM
 - Active ROM
 - Active Assistive ROM
 - Progressive Resistive Exercise
 - Strengthening
 - Stabilization Program
 - Core Strengthening
 - Closed Chain Exercise
 - Posture/Body Mechanics
 - Home Exercise Program
- Sports Specific Training / Rehab**
- Modalities**
 - Moist Heat
 - Ice
 - Ultrasound
 - Electrical Stimulation
 - Massage
 - Iontophoresis
 - Intermittent Compression Pump (GameReady)
- Neuromuscular Re-education**
 - Balance / Proprioceptive Training
- Gait Training**
- Work Conditioning**
- Post Operative Rehabilitation Protocol for** _____
Date of Surgery _____
- Bracing/Orthotic Fabrication & Fitting:** _____
- Other:** _____

SPECIAL INSTRUCTIONS: _____

The above plan of care is established and will be reviewed every 30 days. I certify the medical necessity of therapy.

Physician's Signature: _____ Date: _____

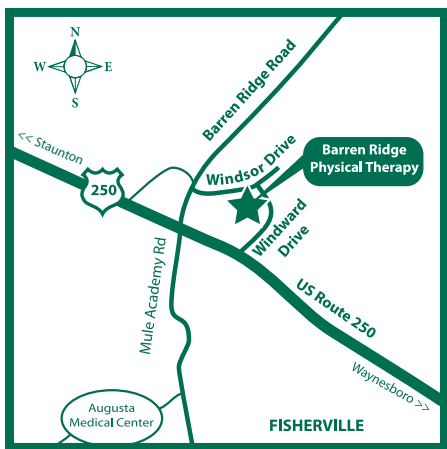
DO NOT EMAIL PRESCRIPTION The electronic prescription form is provided for your convenience. With respect to responding to this form, please do not send the prescription via email. Please populate, print and sign a hardcopy that may be faxed, mailed or hand delivered to the clinic.



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Bryan Romig, PT, DPT
Owner / Director



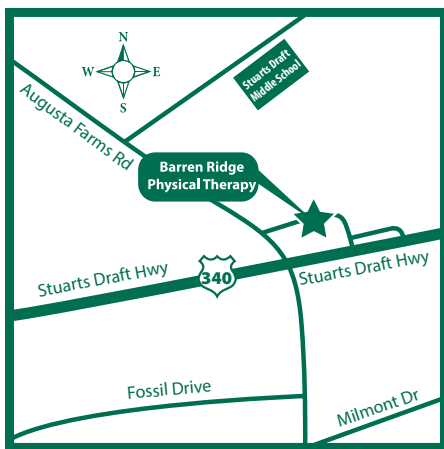
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CONVENIENTLY LOCATED:

- Barren Ridge Physical Therapy is located at The Shops at Windward Pointe at the corner of Barren Ridge Road and US Route 250 in Fishersville, halfway between Waynesboro and Staunton
- Less than a mile from Augusta Medical Center.



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CONVENIENTLY LOCATED:

- Barren Ridge Physical Therapy is located in Stuarts Square at the corner of Augusta Farms Road and Stuarts Draft Highway.
- Sits in front of Stuarts Draft Elementary, Middle and High Schools

JUST A REMINDER:

- Please bring this referral slip with you on your first visit.
- Please arrive 30 minutes before your scheduled appointment to complete the necessary paperwork.
- The evaluation (1st visit) usually lasts 1 hour.

WHAT TO WEAR:

- Please wear comfortable clothing based upon your condition.